

Leading Authentically

About This Programme

This programme creates a holding space in which we explore how we inevitably bring all of ourselves to work—both our conscious and unconscious selves. By becoming more attuned to these different aspects of ourselves, we will understand how they can affect how we “show up at work.”

How we “show up at work” can impact our organisations in both intentionally positive and unintentionally negative ways. Becoming more aware of this, therefore enables us to enhance our own leadership effectiveness, healthiness and authenticity and the effectiveness of the teams we lead.

Drawing on the experience of sector leaders, psychoanalysts and organisational consultants, this groundbreaking programme is rooted in systems psychodynamics and enables participants to make sense of themselves, their leadership and their organisations.



Who Is The Programme For?

This programme has been designed for senior leaders in the education sector, including CEOs, Principals, Deputies, and those responsible for service delivery in educational organisations.

Leading Authentically

Programme Structure And Themes

Delegates will come together for five in-person workshops, which include:

- **What Is Really Going On In Organisations: An introduction to the unconscious.**
- **Why change is so difficult and what change can evoke in us.**
- **Leadership, inclusion and Oedipus.**
- **Identity and bringing the competing parts of ourselves to work.**

Your Programme Team

Sarah Millar

Sarah is a highly experienced psychoanalyst, executive coach and organisational consultant who works with individuals and teams from a range of organisations.

Through her work she explores organisational dynamics and unconscious processes and seeks to support leaders with change-provoking interventions in pursuit of finding meaning. She is a member of the British Psychoanalytic Association and is an EMCC Senior Practitioner.

Paul Wakeling

Paul has over twenty years of experience as a senior leader, including as Principal/CEO of a successful college. He now works across sectors supporting organisational improvement. Paul attended 'Chaos, Conflict and Crisis' at the Harvard Kennedy School of Government and, in return, embedded ideas of adaptive leadership into his practice and his development of leaders. He has worked as an Associate for Warwick Business School, contributing to programmes for the Cabinet Office. He has published his ideas on leadership and learning in Wakeling, P. & Mackay, F. *Leading & Learning in Challenging Circumstances* in *Challenging Professional Learning*, ed. Crowley, S. Oxon. Routledge, 2014.